Birth to One

Name: _____   **Date of Birth:** _____

stop and look when I hear my name.

enjoy music and dance with my whole body.

explore new situations when supported by a familiar person.

look for dropped objects.

quieten, listen and respond to the sound of speech.

react emotionally to other people's emotions.

anticipate food routines.

smile.

laugh and gurgle, babble.

lift my arms in anticipation of being picked up.

copy facial movements.

be comforted by touch and people's faces and voices.

concentrate on an object or activity of my own choosing for short periods.

use my voice, gesture, eye contact and facial expression to help others meet my needs.

roll over from front to back and from back to front.

recognise my main carer's voice.

build relationships with special people and use them for 'emotional refuelling'.

be calmed by being held, rocked, spoken or sung to with a soothing voice.

pick up objects and hold them to my mouth.

show a range of emotions.

turn my head in response to sounds and sights to follow moving objects.

walk.

cruise furniture.

react with abrupt change when a face or object suddenly disappears from view.

crawl or bum shuffle.

sit up unsupported.

enjoy feeding myself.

pass toys from one hand to the other.

understand single words e.g. 'cup', 'milk', 'Daddy'.

follow others' body language, including pointing and gesture.

I can...