# Skills List – to support teaching of Development Matters

# 0-6 Months

# 0-6 Communication and Language

# Listening, Attention and Understanding

Most responsive to primary carer's voice

Makes own sounds or physical response when talked to

Responds to significant sensory changes in environment e.g. light, sound, vibration

Is calmed by soft speech or song

Makes fleeting eye contact during interactions with prime carers or familiar adults

Startles to sudden sounds

Looks briefly at moving objects

Responds to a familiar sound and / or voice e.g. quietens, alerts, body movement, eye flicker

Imitates some facial expressions from prime carer and / or familiar adults e.g. a smile, sticking out their tongue

Turns towards a familiar sound (e.g., footsteps) or voice, locating range of sounds with increasing accuracy

Pays fleeting attention to music, mobile or similar

Watches adults' faces when they talk

Can distinguish between familiar voices

Shows a simple reflex response to a range of sensory stimuli, objects, people and/or activities

Shows a response that something has happened e.g. door closing or phone ringing

May show excitement or anticipation when people approach

Listens to familiar voices even though they can't see them

#### **Speaking**

Communicates feelings by crying, gurgling and squealing, for example when contented, angry or in pain

Communicates needs by crying, gurgling and squealing for example when hungry or tired

Starts to make a range of sounds such as coos, gurgles, chuckling

Makes own sounds in response to a familiar adult/to gain attention

Lifts arms in anticipation of being picked up

Makes sounds for pleasure e.g. tuneful vocalisation to self when lying in cot or at play

Makes a range of different cries or sounds to show needs and feelings

Begins to direct gaze towards desired object

# 0-6 Physical Development

# **Gross Motor Skills**

Startle reflex with whole body movement

Grasps finger if palm touched or briefly grasps an object when it is placed in their hand

Keeps hand closed with thumb tucked into palm

Turns head to side when placed on tummy

Holds head in midline when on back

Waves arms and legs and can wiggle/squirm when lying on their back

Rolls from side to back

Blinks eyes spontaneously

Closes eyes to bright lights

Turns head or eyes towards light or sounds

Shows a preference for high definition colours e.g. black/white

Follows faces or objects with both eyes, when these are in close proximity to their face and are slowly moving side to side.

Looks from one object to another

Moves all limbs freely

Able to hold head steady for few seconds when being moved from lying to sitting

Moves arms more than legs

When lying on their back, can bring hands together over their chest, touching their fingers

When lying on their back, reaches randomly towards toys e.g. baby gym

When lying on their back, lifts legs into a vertical position and grasps feet and plays with toes

Moves head to look around when lying on their back or in supported sitting position (where appropriate)

Able to control head e.g. not floppy when supported in an upright position

Arm and leg movements become smoother and less jerky

When lying on their tummy, child lifts head using forearms to support (straight arms and flat hands)

Tracks primary caregiver/s with large body movements as they move around the room

When they have a toy in their hand(s), they hold it whilst looking at it, wave it about and may explore it orally

Using hands and / or feet, feels and plays with objects of different textures and tolerates new textures

Reaches out persistently and deliberately for toys and faces that interest them, developing awareness that their hands are their own and they can control them

May fix gaze on something of interest when looking around their environment

Begins to weight bear when held standing on a hard surface

# **Fine Motor Skills**

Brings hands to mouth

Moves arms and legs

Hands start to open more e.g. may open in response to touch

Looks at own hands

Looks from one object to another i.e. shifts visual attention

Tracks a person or object with both eyes

Holds hands together

Reaches for toys with both hands

Explores hands and fingers e.g. watches them, presses hands together, clasps and unclasps hands

Holds object for a couple of seconds, when placed in palm of hand

Follows objects with both eyes in all directions

Brings hand / object to their mouth

Fixes gaze on something of interest when looking around their environment

Uses whole hand to hold objects for longer periods (palmer grasp)

Reaches out to faces with both hands to touch and explore

# 0-6 Personal, Social and Emotional Development (PSED)

#### Self-Regulation

Calms from being upset when held, rocked, spoken to, or sung to with soothing voice

Begins to recognise body sensations e.g. hunger

Shows a response to sounds and sights by eye tracking, head, or body movements

Begins to have facial expressions / sounds or gestures to communicate their feelings – different cries for different things

Seeks and accepts comfort – cries or vocalises when hungry / tired or has a need

Responds by snuggling in when held or fed by a familiar adult

Shows emotional responses to that of others e.g. smiling

Anticipates feeding care routines by showing excitement

Expresses feelings strongly through crying in order to make sure that their needs will be met

May whimper, scream and cry if left alone for too long

If their needs are not responded to, they may become withdrawn and passive

Is affirmed and comforted by familiar carers through voice, physical presence and touch, e.g. singing, cuddles, smiles or rocking

# Managing Self

Sleeps for periods of two hours or more

Begins to look at familiar adult for brief periods

Makes sounds, eye contact and movements to initiate social interaction

Learns about their physical self through exploratory play with their hands and feet and movement

Expresses discomfort, hunger, or thirst

Opens mouth for bottle and/or breast or shows awareness of naso-gastric (NG) tube

Has predictable sleeping pattern and sleeps more at night than during the day

Makes sounds to get attention for comfort, nourishment or company

Laughs to express pleasure when happy or cries when upset

Enjoys playing with own hands and fingers

Participates in short shared interaction when sounds and expressions are mirrored back to them by close adults e.g. laughing and gurgling Expresses awareness of their physical self through their own movements, gestures and expressions by touching their own and others' faces, eyes, and mouth in play and care events

Communicates discomfort or distress with a wet or soiled nappy

Anticipates food routines with interest

# **Building Relationships**

Shows their readiness to be social through using their sensory abilities, following movement and gazing at faces intently

Most responsive to prime carer's voice

Begins to look at familiar adult for brief periods

Turns eyes and or head towards voice

Stops crying when picked up

Makes own sounds or physical response when talked to

Responds to interactions with small movement of fingers, arms, legs, eye flicker, turn head, smile (flicker), sounds

Moves body, arms and legs and changes facial expression in response to others e.g. sticking out tongue, opening mouth and widening eyes Holds up arms to be picked up and cuddled and is soothed by physical touch such as being held, cuddled and stroked

Laughs or squeals to express pleasure when happy or excited

Shows delight at tickling and anticipation games

Begins to respond to other children touching them or interacting with them.

Interacts with others through turning their head, eye movements, body movements, rolling towards others etc

# 0-6 Literacy

## Comprehension

Quietens to caregiver's voice

Notices and engages with sounds and images in the environment

Reacts to familiar sounds or sights by changes in behaviour e.g. smiling, looking, reaching

## **Word Reading**

Shows a preference for high definition colours

Looks towards black, white and yellow

Enjoys songs and rhymes, tuning in and paying attention

Aware of colour, especially bright colours by turning towards or looking at objects or pictures

Notices sounds and images in the environment

Touches fabric or squidgy books

#### Writing

Brings hands to mouth

Looks at own hands

Hands start to open more e.g. may open in response to touch

Looks from one object to another i.e. shifts visual attention

Holds hands together

Reaches for toys with both hands

Holds object for a couple of seconds, when placed in palm of hand

Brings hand / object to their mouth

# 0-6 Mathematics

# Number

Looks at pictures and moving objects

Responds to sensory stimuli in the environment e.g. pictures, sounds, lights, smells, textures

Looks from one object to another and back again i.e. shifting visual attention

Watches own hands intently

Persistently and deliberately reaches out to touch things that interest them

Reacts to changes of amount when those amounts are significant (more than double)

Repeats actions that have an effect e.g. touching mobile

# **Numerical Patterns**

Begins to have some awareness of body parts e.g. mouths and/or looks at hands

Begins to look around a room with interest

Explores space when they are free to move, roll and stretch

Explores differently sized and shaped objects by touching or mouthing

# 0-6 Understanding the World

# Past and Present

Child is most responsive to primary carer's voice

Gazes a long time at your face, especially when feeding or changing

Maintains eye contact during interactions with a familiar person

Shows interest in less familiar adults' faces

Begins to repeat actions that have an effect

# People, Culture and Communities

Begins to look towards familiar adults

Turns eyes and or head towards familiar voice

Often stops crying when picked up

Copies facial expressions and mouth shapes

Makes own sounds or physical response when talked to

Comforted by body contact / soothing noises

Cries in different ways to express needs and attract attention

Plays with and explores objects by touching them, looking at them, smelling them, placing them in their mouth and listening to the sounds they make

# The Natural World

Moves eyes, then head, to look towards moving objects, lights and sounds

Notices a visual / auditory change in their environment

Quietens or alerts to the sound of speech

Responds differently to different tones of voice or speech sounds

Is calmed by soft speech or song

Explores hands and fingers e.g. watches them, presses hands together, clasps and unclasps hand

Plays with and explores objects by touching them, looking at them, placing them in the mouth and listening to the sounds they make

Repeats actions that have an effect e.g. kicking or hitting a mobile or shaking a rattle

Persistently and deliberately reaches out for toys that interest them

Smiles / responds with pleasure at recognisable playthings

# 0-6 Expressive Arts and Design

# **Creating with Materials**

Responds to high contrasts such as black and white pictures or objects Aware of colour and light, especially bright colours, high definition Enjoys hand play, own and others

# Being Imaginative and Expressive

Responds to high contrast colours e.g. black and white or objects Responds to familiar person's face and voice Repeats action that has an effect e.g. batting at mobile Begins to show attention to sounds and music

# 6-12 months

# 6-12 Communication and Language

## Listening, Attention and Understanding

Responds to familiar voices by smiling, looking or moving

Turns to own name

Responds to 'no' and other inhibitive sounds

Responds to familiar rhymes, songs and finger play by eye gaze and / or body movements (e.g. flapping hands, moving legs)

Watches with fleeting interest the actions of others

Can focus on different sounds in their environment

Demonstrates extended attention within familiar settings

Shows a response to significant changes in a person's tone of voice/speech

Shows a response to changes in the actions of others

Show consistent awareness that something has happened or changed e.g. environment/people

Begins to point to things they want

Begins to respond to familiar gestures, single words and sounds e.g. waving 'bye bye' to familiar adults

Responds to familiar rhymes and songs by moving their body parts and joining in with some actions during adult-led song time e.g. rocking for 'Row, Row, Row the Boat'

Turns to an environmental sound or familiar name / object by looking e.g. doorbell, dog barking

Begins to focus on an activity of their choice for short periods

Responds to familiar words or phrases by looking or with gestures e.g. 'Daddy'

Has a greater focus on motivating tasks for a longer period of time

Responds to own name by stilling or turning

Responds to familiar greetings through gesture/sound/eye gaze etc. e.g. turning/stilling

Begins to respond to stimuli presented in an on/off pattern

Begins to recognise and respond to key objects of reference e.g. nappy at changing time/ bottle/cup at snack time

Begins to make a choice to select a desired object from two

#### <u>Speaking</u>

Begins to babble by repeating a series of the same sounds e.g. 'ba ba ba', 'ma ma ma'

Begins to develop and use vowel sounds from the language used at home, for example 'a' as in hat or 'e' as in pet

Begins to 'takes turns' in conversation by babbling with a familiar person

Gestures or looks to make requests and to share an interest

Consistently directs gaze towards desired object

Begins to imitate vocalisations within own repertoire of sounds

Begins to vocalise or make physical contact to initiate an interaction

Uses voice or gesture to attract attention (e.g. holding up objects, waving arms, eye gazing); ask for things (e.g. reaching, opening and shutting hands); refuse (e.g. pushing objects away, shaking head)

Produces and copies non-speech sounds e.g. coos, raspberries

Babbles using consonants and vowels such as 'baba', 'gaga'

Begins to develop and use some consonant sounds, for example 'p' 'b' 'd' 'm'

Makes a sound and waits for a response

Copies the speech sounds of others

Uses a single word / sign / photograph / symbol appropriately e.g. 'cup'

# 6-12 Physical Development

## **Gross Motor Skills**

When placed in a sitting position, leans forward and then returns to original position

Sits with support with head and back straight and turns head from side to side to look around

Tries to sit up from lying on their back when hands are held

Rolls over from front to back and from back to front

Demonstrates pre-crawling movements with arms and legs when lying on tummy

Takes weight through legs and bounces up and down when in a standing position (where appropriate)

Makes stepping movements when held by an adult

Pulls self to standing against a support e.g. furniture, but does not yet lower self down with control

Puts arms up to be lifted

Kicks legs vigorously one leg then the other

When sitting, puts hands out when off balance to save self from falling

Pulls self to sitting position

Sits unsupported on the floor and can adjust body posture when leaning forward to pick up and manipulate a toy without losing balance Sits up from lying down

Rolls from front to back/back to front with deliberate intent and can roll from left to right and right to left

Moves around independently e.g. commando crawling / bottom shuffling / sliding on the back / crawling

Moves from a sitting position to a hands and knees crawling position

Whilst in a crawl position, reaches out with one arm and maintains balance

Takes weight through legs when placed in a supported standing position

Kneels up against furniture

Pulls self to standing against furniture and lowers self down with increasing control

Walks around furniture lifting one foot and stepping sideways (cruising)

Walks with one or both hands held by an adult

Stands by themselves for a few seconds when placed in a standing position

Gets onto a low edge or step

Walks with a push along walker or by pushing a stable toy

Stretches out with one hand to grasp a toy when offered

Throws toy or object with random aim

#### Fine Motor Skills

Takes most objects to mouth

Pats and bangs objects with open hand

Explores by grabbing or scratching textures and surfaces within reach

Holds a small object in their hand using a firm palmer grasp

Reaches for small objects

Brings fingers in towards the palm to curl fingers around an object (palmar grasp)

Uses fingers like a rake, curling fingers over objects to bring them close (raking grasp)

Shakes and bangs objects

Transfers objects from one hand to the other

Keeps hands open and relaxed most of the time

Begins to pick up small items

Grasps a toy using both hands at once

Accepts and holds a second item whilst maintaining hold of original item

Begins to pull objects out of containers

Splashes water with a flat hand

Releases an object voluntarily by dropping it but not yet placing object down deliberately

Explores objects by banging, shaking and turning them around in their hands

Explores different textures with hands in a sensory way e.g. cornflour, beans, icing sugar

Aware that hand movements can leave a mark, e.g. plays with food on tray of highchair

Bangs two toys together in the midline

Holds an object and bangs or taps it against a surface

Copies clapping hands

Begins to put objects into a container

Begins to isolate index finger

Manipulates malleable materials

Begins to stack blocks on top of each other

Uses two hands to lift small and large objects in and out of containers

Picks up objects using pads of the thumb and index finger (inferior pincer grasp)

Stretches out with one hand to grasp a toy if offered

Looks at and knocks down an object placed at table height, shoulder height or floor level

Intentionally pass an object to an adult

# 6-12 Personal, Social and Emotional Development (PSED)

# Self-Regulation

Seeks physical and emotional comfort by snuggling in to trusted adults

Communicates a range of emotions (e.g. pleasure, interest, fear, surprise, anger and excitement) through making sounds, facial expressions, and moving their bodies

Caregiver and child are closely attentive to each other and engage in sensitive, responsive exchanges

Shows distress at being left alone and pleasure at return of familiar people

Makes use of special people for comfort and security

Reacts emotionally to other people's emotions; smiling when smiled at and becoming distressed if they hear another child crying Reacts to toys being withdrawn

Responds to simple lap time e.g. stiffens / relaxes facial expression, eyes widening

Reacts differently to physical interactions e.g. rough and tumble play

Responds to different temperatures on the body e.g. getting cold after a bath

Aware of people near them e.g. by turning head or eyes towards them, quietens or increases sounds / vocalisations

Shows a wider variety of feelings, using crying, gestures and vocalisations freely to express their needs

Uses familiar adult to share feelings and for 'emotional refuelling' when feeling tired/anxious

Uses a comfort object, familiar others, routines or spaces to soothe themselves, particularly when separated from their close carer

Co-operates as they become familiar with and anticipate routines e.g. nappy changing, getting dressed

Begins to express a range of emotional responses: excited, worried, crying

Likes to have sight or hearing range of a familiar adult and reacts when main carer leaves the room

#### **Managing Self**

Has regular naps during the day

Opens mouth for spoon and food

Accepts a range of tastes, consistencies and textures (runny, thick, paste, puree, lumps)

Tolerates face and hair washing

Enjoys playing with own feet and toys

Repeats action, e.g. dropping toy, accompanying with vocalising to attract adult's attention

Chews on baby toothbrush

Drinks from two handled beaker with help

Starts to show own food preferences, including fruit and vegetables

Drinks from feeder cup independently

Has one nap during the day

Plays with range of bath toys

Pulls off hat, gloves, socks

Shows an interest in their reflection in a mirror, although may not yet realise that the reflection is them

Repeats action when responded to e.g. dropping spoon from highchair

Initiates simple game, inviting adult to join in by pausing, looking e.g. banging objects together

Expresses more awareness of their physical self by exploring objects around them inside and outdoors

Develops confidence to try new things

Begins to co-operate with nappy changing

Grasps finger foods

Tries to share control of the spoon

Tolerates hand over hand support e.g. holding a spoon

#### **Building Relationships**

Responds to what a carer is paying attention to e.g. following their gaze

Distinguishes between people, recognising the look, sound and smell of their close carer

Smiles more often to familiar rather than unfamiliar people

Likes and responds to cuddles and being held

Makes body stiff and vocalises when protesting

Shows anticipation when playing games through sounds and body movements

Makes choices by looking, turning head, eye flicker, body movements etc

Responds to facial expressions of happiness and sadness in others

Makes use of special people for comfort and security

Begins to display attachment behaviours such as wanting to stay near and becoming upset when left with an unfamiliar person

Becomes wary of unfamiliar people or people they have not seen for a while

Interested in watching others, especially children

Laughs with favourite people

Reacts to audience, repeats activity or action when encouraged

Shows delight at active rough and tumble play

Shows anticipation in interactive games such as peep po

# 6-12 Literacy

### Comprehension

Turns when hears own name

Enjoys rhymes with actions, e.g. row the boat

Starts to understand contextual clues e.g. familiar gestures, words and sounds

Begins to follow adult point

Responds to familiar words or phrases by looking or with gestures e.g. 'Daddy'

Immediately responds to name

Responds to several familiar words e.g. family names, cup, spoon, car

Begins to anticipate some actions in rhymes

 $Starts\ to\ respond\ by\ action\ or\ gesture,\ e.g.\ clapping\ hands\ in\ response\ to\ verbal\ prompt\ and\ modelling\ from\ familiar\ rhyme$ 

Understands simple instructions with gesture e.g. when adult holding out their hand, 'Give it to Mummy'

# **Word Reading**

Shows an interest in picture books

Actively seeks out and experiences 'touchy / feely' parts on a page

Engages with sounds and images in the environment

Enjoys sharing books, rhymes or digital materials with familiar people

Reacts to sounds in the environment such as vehicles, sirens and birds

Engages with digital reading devices e.g. electronic books / toys

Handles books, beginning to turn pages, may be several at a time

Pays attention and responds to pictures or words

Begins to anticipate some actions in rhymes

Shows an interest in props related to rhymes, e.g. five little ducks

#### Writing

Takes most objects to mouth

Holds a small object in their hand using a firm palmer grasp

Brings fingers in towards the palm to curl fingers around an object (palmer grasp)

Uses fingers like a rake, curling fingers over objects to bring them close (raking grasp)

Begins to pick up small items

Releases an object voluntarily by dropping it but not yet placing object down deliberately

Explores different textures with hands in a sensory way e.g. cornflour, beans, icing sugar

Aware that hand movements can leave a mark, e.g. plays with food on tray of highchair

Isolates index finger with other fingers closed

Picks up objects using pads of the thumb and index finger (inferior pincer grasp)

# 6-12 Mathematics

## Number

Engages in finger play in familiar contexts e.g. feeding, changing

Recognises patterns of their day and may protest them e.g. being placed in the cot to sleep

Show anticipation and enjoyment of familiar caring routines and simple games

Takes part in finger rhymes with numbers

Explores collections of objects e.g. treasure baskets

Begins to anticipate what happens next in predictable situations e.g. knowing a ball rolled back and forth will come to them

Watches and copies what an adult does e.g. holds beater, bangs drum, claps hands

Shows interest in patterned songs and rhymes, perhaps with repeated actions by watching, moving, smiling, clapping or making sounds

# **Numerical Patterns**

Developing an awareness of their own bodies using hands, mouth and feet

Responds to size, reacting to very big or very small items that they see or try to pick up

Experiences patterned objects and images

Develops object permanence by quickly finding a toy hidden whilst they watch, looking towards the floor when object is dropped and watching as they deliberately drop toy repeatedly

Puts objects in and out of containers

Puts objects of similar shapes inside others and takes them out again

Climbs and squeezes self into or through different types of spaces

Shows interest in patterned songs and rhymes e.g. with repeated actions

# 6-12 Understanding the World

# Past and Present

Consistently repeats actions that have effects

Shows attachment to familiar people e.g. sight / sound of adult

Shows affection towards familiar people e.g. hugs / pats / kisses

Co-operates with some familiar routines

# People, Culture and Communities

Begins to be wary of strangers

Actively explores the environment with all senses

Shows a sense of belonging to their family and key carer

Begins to play social games e.g. peek-a-boo, and 'give and take' games

Clings to familiar adults and may hide face from strangers

May become distressed when main carer leaves room

# The Natural World

Looks around a room with interest, visually scanning the environment for new and interesting objects and events

May focus on a particular area or resource

Begins to be interested in small objects or the detail of a toy

Responds to environments outside home or familiar setting e.g. feeling the breeze on their face

Explores, with appropriate support, a range of objects and materials in different ways e.g. shaking, hitting, looking, feeling, tasting, mouthing, pulling, turning and poking

Watches people and events for an increasingly long time
Stares with increased interest when a new object is shown to them
Attempts to get objects that are out of reach e.g. tries to pull a mat towards them to make a toy or object come closer

# 6-12 Expressive Arts and Design

# **Creating with Materials**

Handles, feels, manipulates and mouths objects and materials

Experiments with a range of media (tools, materials, sounds, whole-body movement) through multi-sensory exploration Notices and becomes interested in their actions on materials and resources e.g. knocking down brick towers

# Being Imaginative and Expressive

Is intensely curious, actively explores objects using all senses

Explores their voices and enjoys making sounds

Responds to familiar songs or action rhymes

Responds to and engages with the world that surrounds them e.g. sounds, movements, people, objects, sensations, emotions Imitates actions using whole body

Begins to imitate familiar action rhyme through whole-body movement e.g. leans back and forwards while hands held for 'Row, Row', closing and opening hands, wriggling body and legs

# **12-18 months**

# **Communication and Language**

# Listening, Attention and Understanding

Consistently points to items of interest and use gestures to show things to adults

Begins to listen and respond to one step instructions containing one key word e.g. get your cup

Chooses between two objects e.g. 'do you want baby or car?'

Begins to respond to simple commands / instructions when in a familiar context with a familiar adult e.g. point to Mummy, give the apple to Mummy

Understands familiar single words in new contexts e.g. 'bath' at home and elsewhere

Concentrates, for short periods, intently on an object or activity of own choosing / dominant stimulus

Enjoys a wider range of nursery rhymes, trying to join in with some simple actions e.g. clapping hands and / or vocalisations

Stops in response to 'no' or inhibitive sounds

Becomes excited and waits during anticipation games e.g. waiting for 'go' in 'ready, steady, go' or, '1, 2, 3... go' games or songs

Imitates a sequence of three or more actions

## Speaking

Says around ten words, although they may not be clear

'Takes turns' in conversation with babbling and some single words / recognisable sounds e.g. 'Dada' for 'Daddy'

Uses single words / signing / photographs / symbols to communicate for a range of purposes e.g. 'more', 'bye-bye', 'teddy'

Uses sounds in play e.g. 'brrrm' for toy car

Frequently imitates words and sounds from adult production

Uses pointing with eye gaze, and then fingers or hands, to make requests and to share an interest

Creates personal words as they begin to develop language e.g. 'baba' for 'baby'

Vocalisations start to have the tone and rhythm of home language

# 12-18 Physical Development

# **Gross Motor Skills**

Sits well and gets into sitting position independently

Pulls to standing from sitting e.g. using furniture or adult support

Sits down from a standing position with control

Crawls upstairs and comes down backwards on knees

Takes a few steps independently, these may be uneven

Picks up an object on the floor with support from an adult or furniture

Climbs forward onto adult's chair then turns and sits

Gets onto child's chair themselves backwards or sideways

# Fine Motor Skills

Picks up, holds and releases small objects with precision using tips of fingers (superior or 'neat' pincer grasp)

Notices their hands or tools they use can make marks as they explore sensory materials

Claps hands together spontaneously

Waves goodbye

Begins to stack blocks on top of each other

Puts objects and toys into and out of containers with one hand

Pulls along toys and items using a rope or string

Uses a single finger to touch or point e.g. to indicate need, to explore an object or to activate a cause and effect device

Points to and pokes objects with index finger

Copies finger movements

Begins to use a spoon and cup

Helps turn the pages of a board book but may turn more than one at a time

Fits large shapes into a posting box or shape sorter

Removes pieces from an inset puzzle or pegs from a pegboard

# 12-18 Personal, Social and Emotional Development (PSED)

# Self-Regulation

Responds to emotions in key adult voices

Explores the boundaries of behaviours, may look at an adult to check before acting or testing boundaries

Needs constant supervision due to dangers of increased exploration

Participates in daily activities as they become familiar with and anticipate routines e.g. getting dressed or finding their beaker

Can usually be distracted when upset with a gentle prompt

## **Managing Self**

Begins to participate in bathing e.g. holding out arms and legs for washing and later uses sponge, following prompting

Cooperates with drying hands

Tolerates use of toothbrush and toothpaste

Actively cooperates with nappy changing e.g. lies still, helps hold legs up

Starts to communicate urination, bowel movement

Attempts to put shoes on

Accepts new textures and tastes such as larger pieces of food and increasing range

Looks back to familiar adult to check if not sure about something

Points and vocalises to draw adult's attention to something of interest

Briefly demonstrates a scenario in their play related to their everyday life, e.g. wiping doll's face

Responds to their own name and enjoys finding own nose, eyes or tummy as part of interactive games

Shows separation anxiety (if left) as they become more aware of themselves as separate individuals

Shows an emerging autonomy through asserting choices and preferences such as different tastes and rejects things they do not want, e.g. by pushing them away

Understands that their own voice and actions causes an effect on others, e.g. clapping hands starts a game

Shows growing self-confidence through playing freely and with involvement

## **Building Relationships**

Shows shyness around unfamiliar people and shows preference for certain people

May look concerned if hears crying, or displays excitement if hears familiar, happy voice

Initiates interaction with other children e.g. vocalising, reaching, moving towards

Engages another person to help achieve a goal e.g. to get an object out of reach

Seeks reactions e.g. to minor injury

Draws others into social interaction through calling, crying and babbling, smiling, laughing and moving their bodies and limbs

Cooperates with caregiving experiences, such as dressing

# 12-18 Literacy

# Comprehension

Understands names of some common objects e.g. points to a toy or item when it is named

Points to a familiar named item in a picture book

Starts to follow simple instructions / statements from familiar adult with gestures or clues e.g. 'get your cup'

Points on request to a familiar person

Understands familiar words in a new context e.g. 'bath' at home and elsewhere

Responds to comments and gestures such as 'show me', 'find the' or 'point to'

# **Word Reading**

Notices and shows an interest in familiar pictures and symbols, recognising what they stand for

Recognises familiar adult in photo

Lifts flaps in books

Moves in response to simple rhythms in rhymes / songs

Interested in and explores the sounds made by banging and tapping familiar objects / instruments

## Writing

Picks up, holds and releases small objects with precision using tips of fingers (superior or 'neat' pincer grasp)

Notices their hands or tools they use can make marks as they explore sensory materials

Uses a single finger to touch or point e.g. to indicate need, to explore an object or to activate a cause and effect device

Points to objects with index finger

Copies finger movements

# 12-18 Mathematics

# Number

Aware of number names through action rhymes and songs that relate to numbers and everyday routines

Engages in counting-like behaviour e.g. making sounds and pointing

Looks for things which have moved out of sight

Initiates and continues repeated actions

Gets to know and enjoys daily routines

Joins in with repeated actions in songs and stories by copying actions and words

Begins to sort similar items into sets

## **Numerical Patterns**

Begins to anticipate times of the day such as mealtimes or home time

Responds to changes of shape e.g. when playing with malleable materials

Begins to demonstrate an understanding of cause and effect by repeating actions

Attempts to match shapes into spaces on inset boards or puzzles

Interested in emptying containers

Explores space and engages with position and direction e.g. pointing to where they would like to go

Stacks objects of interest

Shows an interest in different sized objects in meaningful contexts e.g. give the big bowl to the big teddy

# 12-18 Understanding the World

# Past and Present

Plays happily alone but prefers to be near a familiar adult Actively seeks out familiar activities to play with Recognises familiar adult/s in photos

#### People, Culture and Communities

Plays alongside another child

Begins to watch other children playing

Initiates play / interaction with an adult by taking an object to them

Notices details about the adults they meet e.g. reaching for glasses, touching jewellery

#### The Natural World

Explores immediate environment

Closely observes what animals, people and vehicles do

Points to objects of interest out of doors

Seeks to investigate when a toy is hidden e.g. boxes, cupboards, blankets

Solves simple problems independently e.g. retrieving out of reach toys or carrying toys from one place to another

Begins, with appropriate support, to use or explore object functionally e.g. drink out of cup, pretending to eat fake fruit

# 12-18 Expressive Arts and Design

# **Creating with Materials**

Explores tactile materials, e.g. pasta, flour, water, sand, fabrics

Empties and fills containers

Explores malleable materials e.g. playdough / slime by pulling, squashing, squeezing and poking

# Being Imaginative and Expressive

Bounces rhythmically when being sung to or when listening to music

Moves whilst vocalising / playing with sound makers and instruments

Responds to a simple action song with anticipation e.g. row, row

Responds physically and emotionally to music when it changes

Knows way to play with familiar toy e.g. car is for pushing

Uses 'symbolic sounds' for objects and animals in play

Engages in simple imaginary play e.g. pretending to be asleep, feeding dolly

Shows understanding of familiar objects by actions e.g. pretends to drink from an empty cup or uses a brush on their hair

Experiments with different objects to look for new properties e.g. bowl is a hat, drum or container

# 18 months – 30 months Communication and Language

#### Listening, Attention and Understanding

Understands a range of single words and some simple action words

Consistently listens and responds to simple one step instructions in context e.g. sit down

Consistently listens and responds to one key word instructions e.g. when given a choice of teddy or dolly, will point to dolly, rather than teddy

Listens to and enjoys rhythmic patterns in rhymes and stories with multiple / complex actions, trying to join in with some actions and attempting vocalisations, albeit not always clear e.g. 'Wind the Bobbin Up'

Pays attention to own choice of activity, may move guickly from activity to activity

Understands approximately 50 familiar naming words

Attention focused on the activity so that they may appear not to hear or respond e.g. when playing with toys

Listens with interest to general conversation, responding to familiar words that interest them, e.g. 'biscuit'

Begins to show an interest in what other children are playing and will occasionally join in

Understands more words than they can say – between 200-500 words

Begins to respond appropriately to simple two-part instructions or requests such as 'get your shoes and put on your coat' or 'pick up the ball and give it to me'

Begins to respond to two key word instructions e.g. when given the choice of teddy or dolly / choice of apple / cake, will respond by giving the apple to dolly

Indicates understanding of action words by demonstrating with self / toy e.g. 'make teddy jump'

Points to five body parts on request independently

Picks out a simple familiar instruction even when there is background noise, for example 'dinner time', 'no' or 'stop now'

Listens to music and responds when it is turned off, for example stops singing or dancing or turns to look at the stereo

Begins to shift to a different task if attention fully obtained with adult / visual prompting and support

Responds appropriately to 'who', 'what' and 'where' questions with gesture / single words

### Speaking

Uses a range of adult like speech patterns (jargon) and says around 20 words

Copies familiar expressions e.g. 'Oh dear', 'All gone'

Uses different types of everyday words including nouns (naming words), verbs (action words) and adjectives (describing words), e.g. banana, go, sleep, hot

Begins to put two words together e.g. 'want ball', 'more juice'

Begins to talk about people and things that are not present e.g. 'Mummy gone'

Uses gestures, sometimes with limited talk, e.g. reaches toward toy, saying 'want it'

Comments using a single word or known phrase to describe a situation e.g. 'doggy' or 'fall down'

Uses a mixture of words and vocalisation (jargon) combined with or instead of gestures when playing

Talks to self continuously when playing, although may not be readily understood

Says up to 50 words

Uses gesture and / or signing to support others to understand their wants / needs

Puts two or three words together

Asks a variety of simple questions e.g. 'what?', 'where?'

Uses personal pronouns, e.g. 'me', 'my' (not always grammatically correct) e.g. 'my do it'

Uses short phrases, 'my got one'

Uses a range of verbs to describe actions e.g. 'boy jumping'

Links noun and verb e.g. 'Daddy sleeping'

Learns new words very rapidly and can use them to communicate

# 18-30 Physical Development

# **Gross Motor Skills**

Sits and plays in more than one position e.g. kneeling, legs outstretched, legs crossed, side sitting Walks well, with shorter steps, legs closer together and no longer needs to hold arms up for balance

Attempts to run carefully but not yet smoothly

Changes direction whilst walking

Walks backwards for a few steps when pulling an item or toy using rope or string

Lifts leg whilst holding onto an adult to assist with dressing

Gets onto a chair independently

Runs well although not always avoiding obstacles

Kicks a ball e.g. stands on one foot while kicking with the other

Jumps with both feet off the ground

Squats down to pick up objects, occasionally falling

Returns to standing after squatting down to pick up an object

Carries large objects whilst walking

Moves a tricycle or bike by pushing feet along floor

Pushes and pulls large toys or objects, difficulty steering around obstacles

Walks upstairs holding an adult's hand or bannister by putting two feet on each step

# Fine Motor Skills

Begins to pick up something small with their first finger and thumb i.e. a pincer grasp

Releases items when held with pincer grasp

Uses hands to twist, turn and manipulate an object

Scoops with a spoon at mealtimes or during play

Puts rings on a ring stacker

Builds a taller block tower

Turns pages of a book one at a time

Stabs food with a fork at mealtimes

Uses a pouring action when playing with containers in sand or water

Presses small switches and buttons using index finger

Squeezes toys or instruments to produce a sound (both two handed and using one hand)

Deliberately places small objects e.g. pegs in a pegboard, pieces into an inset puzzle

Builds tall structures without them falling over

More co-ordinated hand movements; using both hands at the same time

Uses appropriate actions to explore properties of objects e.g. turning, twisting, rolling and pressing

# 18-30 Personal, Social and Emotional Development (PSED)

#### Self-Regulation

Expresses positive feelings such as joy and affection and negative feelings such as anger, frustration and distress e.g. through actions and / or behaviours and a few words

Experiences a wide range of feelings with great intensity, such as anger and frustration

Developing impulse control, will look towards a caregiver before acting

May lose control of feelings, body and thinking when distressed

Tantrums if frustrated but can be easily distracted

Is aware of others' feelings and is beginning to show empathy by offering a comfort object to another child or sharing in another child's excitement

Asserts their own agenda strongly and may display frustration with having to comply with others' agendas and with change and boundaries

## Pleased by praise

Developing an awareness when they have done something wrong

Can feel overwhelmed by intense emotions, resulting in an emotional collapse ('meltdown') when frightened, frustrated, angry, anxious or overstimulated (e.g. fight, flight, freeze)

Seeks comfort from familiar adults when needed, distracts themselves with a comfort object when upset

Responds to the feelings of others, showing concern and offering comfort

Joins in with familiar routines when in a small group

Expresses their own preferences for what they want to play / eat / wear

Shows a growing awareness that others have feelings

Sometimes complies with requests, sometimes may be stubborn

# **Managing Self**

Holds open cup with both hands, drinks without much spilling

Starts to be less messy with food

Develops own likes and dislikes of food and drink

Tolerates use of toothpaste and brush and may help brush their teeth

Rubs hands with soap and rinses under water

Shows some awareness of what a potty or toilet is used for

Puts on hat and slip on shoes

Pulls down zip on coat

Assists with removing loose garments e.g. pyjama bottoms, unbuttoned coat, cardigan

Smiles or laughs when successful

Seeks reassurance from familiar adult when tired, upset or hurt

Is aware of and interested in their own and others' physical characteristics, pointing to and naming features e.g. noses, hair and eyes Experiments with what their bodies can do through setting themselves physical challenges, e.g. pulling a large truck upstairs

Asks, or searches for food when hungry

Willing to try new food textures and tastes

Feeds self with spoon without spilling and increasing need to be in control

Indicates need for toilet by behaviour e.g. dancing movements or holding self

Tolerates sitting on potty or toilet

Clearly communicates wet or soiled nappy or pants

Locates arms in coat or shirt when held by an adult, pulls top down over head

Enjoys exploring new places with a trusted adult

Shows persistence in expressing needs, if not met

Knows their own name, preferences and interests

Is developing an emerging understanding of similarities and differences between themselves and others

Makes choices and decisions based on personal preferences and own ideas

Growing in independence, rejecting help e.g. 'me do it'

# **Building Relationships**

Enjoys playing alone and alongside others (parallel play)

Will often watch, follow and imitate others in their play

May find long periods of social engagement overwhelming and may withdraw

Shares interest and attention by looking to where the adult is looking, pointing and using their gaze to direct the adult's attention to something

Explores the environment, interacts with others and plays confidently while their parent/carer or key person is close by; using them as a secure base to return to for reassurance if anxious or in unfamiliar situations

Shows empathy by offering comfort that they themselves would find soothing e.g. their dummy

Builds relationships with special people but may show anxiety in the presence of strangers

Is becoming more able to separate from their close carers and explore new situations with support and encouragement from another familiar adult

May dislike sharing a preferred adult's attention with another child

Enjoys conversation with carers

Engages in play with other children

May intentionally hurt another person if angry

# 18-30 Literacy

# Comprehension

Points to three named items

Selects a familiar object from a selection of four on request

Selects familiar objects by name or identify objects from a group

Responds to questions with familiar vocabulary and context e.g. 'Where's Mummy?'

Looks at and talks about a picture with familiar features

Points to five body parts on themselves, for instance during song or in play

Names 4-5 pictures in a book

Indicates correct picture of described action, e.g. 'show me the girl drinking'

Points to five body parts on a doll or teddy

Responds appropriately to simple 'who', 'what' or 'where' questions

# **Word Reading**

Is interested in and anticipates books and rhymes and may have favourites

Looks at and talks about pictures

Points to 3 familiar pictures on a page

Begins to join in with actions and sounds in familiar songs and book sharing experiences

Shows an interest in story props

Enjoys sharing photographs of their family

Has favourite stories, poems, rhymes, songs or jingles and seeks them out

Looks through picture books independently

Recognises familiar logos e.g. Tesco

Handles familiar books and touch screen technology, turning pages with increasing control

Points to simple objects described by use e.g. 'what do we sleep in?'

Names 4 – 5 pictures in a book

### Writing

Begins to hold mark making implements, experimenting with their grasp

May use a fisted grasp to hold an implement in palm of hand with all fingers and thumb (palmar supinate grasp)

Explores mark making in a playful way

Scribbles spontaneously and / or makes dots

Makes connections between their movements and the marks they make

Understands that the marks they make are of value

Begins to hold mark making tools with fingertips and thumb (digital pronate grasp)

Uses either hand for tasks but begins to show a preference

Scribbles become progressively more controlled

Imitates modelled movements, exploring circular, backwards, forwards, vertical and horizontal movements

Sometimes gives meanings to marks as they draw and paint

# 18-30 Mathematics

# Number

Says some counting words

Engages in counting-like behaviour e.g. saying some numbers in sequence

Joins in with number rhymes and songs

Uses number words like 1 or 2

Sometimes responds accurately when asked to give one or two items

Responds to words like 'lots' or 'more' during play interactions with an adult e.g. passes an adult another object when asked for more Begins to say numbers in order, some of which are in the right order (ordinality)

In everyday situations, takes or gives two or three objects from a group

Begins to count on their fingers

Says number names to 3

Compares amounts saying 'lots', 'more' or 'same'

Notices simple shapes and patterns in pictures / environment

Recognises changes in numbers of things

#### **Numerical Patterns**

Investigates fitting themselves inside and moving through spaces

Attempts to fit shapes into spaces with matching pictures on inset boards

Pours materials (e.g. pasta, water, rice) in and out of containers

Begins to select a shape for a specific space e.g. a ball in a round hole  $\label{eq:begins} % \begin{center} \begin{centario} \begin{center} \begin{center} \begin{center} \begin{centen$ 

Uses blocks to create their own simple structures and arrangements  $% \left( 1\right) =\left( 1\right) \left( 1\right)$ 

Shows an interest in the size and weight of different objects e.g. carrying or lifting big items

Explores capacity by selecting, filling, and emptying containers e.g. putting toys in a bag

Begins to understand that things might happen now or later, in familiar routines

Begins to arrange items in their own patterns e.g. lining up toys

Compares size, length and weight through everyday play using gesture and language

Chooses inset puzzle pieces and fits them in with more success

Builds with a range of resources e.g. bricks, blocks, everyday objects

Arranges items in their own patterns with more confidence

Recognises objects that are the same i.e. matching

# 18-30 Understanding the World

# Past and Present

Shows enjoyment when looking at photos and videos of their family

Begins to understand that things might happen now or later withing familiar routines

Greets peers / familiar adults when reminded e.g. 'say hello!'

Can demand familiar adult's attention if others are present e.g. adult plays with another child

Shows affection and interest towards other children and younger siblings

# People, Culture and Communities

Shows interest in stories about people, animals, nature or objects they are familiar with

Watches another child in play and may copy them

Shows interest in photographs of themselves and other familiar people

Sometimes shares toys / food with adult / child

Begins to take turns in play during adult-led activities

Pauses to briefly wait for a turn in a simple social play with an adult e.g. rolling a ball activity

Has a sense of own immediate family, relations and pets

Imitates everyday actions and events from own family and cultural background through pretend play

Enjoys being with other children

Plays happily alongside other children

Joins in other children's play briefly Begins to develop friendships May be shy when unfamiliar adults are present Recreates everyday experiences in their own play

#### **The Natural World**

Explores different ways of playing with toys and media, e.g. pulls dough apart, splashes in puddles, rolling a ball or pushing a toy car Matches parts of objects that fit / belong together e.g. lid on the teapot

Remembers where objects belong

Notices prominent features of an environment e.g. outdoor play area

Enjoys playing with small world models such as a farm, a garage or train track

Shows curiosity in how things work

Notices detailed features of objects, events and people in their immediate or wider environment

Indicates some understanding of aspects of their familiar world by answering and asking simple questions through their preferred method of communication e.g. what / where / who questions

Is developing an understanding that living things have needs e.g. 'teddy's hungry'

# 18-30 Expressive Arts and Design

# **Creating with Materials**

Mirrors and improvises actions they have observed e.g. clapping or waving

Builds structures and knocks them down again

Uses mark making resources e.g. paint, water to make intentional marks

Scribbles spontaneously and / or makes dots

Manipulates and plays with different materials

Constructs with readymade forms e.g. bricks, boxes

Notices patterns with strong contrasts and is attracted by patterns resembling the human face

Explores a range of resources, for example paint, using fingers and other parts of their bodies as well as other tools e.g. brushes / sponges Explores 2D and 3D materials when creating structures and pictures

Uses mark making tools and body parts to make lines that go up and down, round and round

Uses mark making resources to make separate marks

Scribbles become progressively more controlled

## Being Imaginative and Expressive

Experiments with their singing voice

Sings / vocalises whilst playing with sound makers / listening to music  $\,$ 

Reacts physically whilst listening to sounds or music including instruments

Begins to join in with actions and single words when singing familiar songs

Makes rhythmical and repetitive sounds

Begins to make sounds using everyday items e.g. pots, plastic bowls, pans, wooden spoons

Interprets music through movements e.g. jumping, bouncing or swinging arms when they hear music / songs they like

Imitates everyday tasks e.g. sweeping

Engages in small world play

Uses one (similar) object as another e.g. sweeping brush may become horse, cardboard box becomes car

Joins in singing songs with recognisable tunes or words

Creates rhythmic sounds and movements

Creates sounds in a variety of way e.g. rubbing, shaking, tapping, striking or blowing, including household objects and musical instruments Begins to participate in pretend play, using objects that represent other objects e.g. using a remote as a mobile phone

# 30 months - 42 months

# **Communication and Language**

### Listening, Attention and Understanding

Consistently shifts to a different task if attention fully obtained with adult / visual prompting and support

Consistently responds appropriately to simple two-part instructions or requests such as 'get your shoes and put on your coat' or 'pick up the ball and give it to me'

Recognises and responds to many familiar environmental sounds, e.g. turning to a knock on the door, looking at or going to the door Consistently recognises and joins in with familiar and self-chosen rhymes, number songs and actions, such as 'The wheels on the bus' Shows understanding of action words by pointing to the right picture

Briefly attends to activities of others

Shows understanding of prepositions 'in' and 'on' such as 'put dolly in the box' by carrying out action or selecting correct picture Shifts from one activity to another independently if you gain their attention, for example will stop when asked to and help tidy up

Joins in with an activity that an adult or a child suggests

Understands use of objects e.g. 'Which one do we cut with?'

Begins to respond to three key word instructions e.g. when given the choice of teddy or dolly / size / choice of apple / cake, responds by giving the apple to little dolly

Shows understanding of prepositions e.g. 'under', 'on top', behind', 'next to' by carrying out an action or selecting a correct picture

Begins to follow instructions containing concepts of size (big / little), position (in / on), number and colour

Joins in with key words and repeated refrains and anticipates key events/phrases in rhymes and stories

Listens to familiar stories, verbally and / or using visual prompts

Anticipates what might happen next in familiar stories with adult support

Listens to others in one-to-one or small groups when conversation interests them

## Speaking

Uses around 100-200 words

Asks questions frequently, such as people's names and objects

Sometimes uses pronouns ('he'/'she') and prepositions ('in/on'), although not always accurately

Uses longer simple sentences with up to 3-4 words, (e.g. 'Mummy gone work')

Begins to use word endings e.g. 'going', 'cats'

Uses a variety of questions e.g. 'what?', 'where?', 'who?', 'why?'

Holds a simple conversation with an adult jumping from topic to topic

Uses language / non-verbal communication e.g. gesture / photo / symbols / signing to share feelings, experiences, and thoughts

Anticipates key events and important phrases in familiar rhymes and stories

Talks to self in play

Tells own name and age

Speech can be understood by familiar adults and peers, with some errors such as 'sh', 'ch', 'th' and 'r'

Uses around 300 words

Uses some descriptive language, including time words (e.g. 'later'), space words (e.g. 'over there') and function words (e.g. explain function of items)

Frequently uses pronouns ('he', 'she') and prepositions ('under')

Retells a simple past event in order e.g. fell down, hurt finger

Answers 'yes / no' questions appropriately

Provides information about self and favourite things

Talks with peers during play about what they are doing and/or to direct them e.g. 'you be the Mummy'

Modulates volume of voice

# 30-42 Physical Development

### **Gross Motor Skills**

Jumps from a small step or low piece of equipment

Rolls or throws ball or bean bag more accurately e.g. passing to another person, aiming at a target

Catches a large ball thrown into two arms e.g. beach ball, balloon ball, light football

Kneels without support

Bends over to retrieve an item from the floor without needing to hold on to anything

Runs safely on whole foot

Negotiates obstacles and turn corners when running

Stands independently from a kneeling position without using furniture to support

Stands on tiptoe when holding onto something

Walks downstairs, two feet to each step whilst carrying a toy

Walks backwards, forwards and sideways

Steers a wheeled toy with hands and attempts to pedal e.g. balance bike / trike

Moves freely with confidence in a range of ways e.g. slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding, hopping

Climbs confidently and begins pulling themselves up on play equipment

Climbs stairs, ladders or gym equipment using alternate feet

Pedals a tricycle

Squats with steadiness to rest or play with object on the ground and rises to feet without using hands

Walks along a bench / low wall

Kicks a large ball successfully with directed aim

Kicks smaller balls forcibly

Catches a large ball

Catches a small ball at close range

Links two movements together e.g. run and jump into a puddle; walk and duck under a climbing frame

#### Fine Motor Skills

Holds cup with or without handles with two hands, drinking with minimal spilling

Threads large beads onto rod, wire or floppy cord e.g. washing line cord or heavy shoelace

Uses a knife to chop soft items

Places objects down neatly and precisely

Fits increasingly small shapes and objects into holes during posting activities

Puts tiny objects into a small container

Squeezes a pair of loop scissors independently to make single snips when an adult is holding the paper

Threads onto a shoelace

Removes unfastened clothing independently e.g. tops, bottoms, socks, footwear

Creates long shapes when rolling dough

Holds scissors in one hand, makes single cuts in paper

Folds paper in half

Manipulates puzzle pieces to complete an inset jigsaw

# 30-42 Personal, Social and Emotional Development (PSED)

## Self-Regulation

May recognise that some actions can hurt or harm others and begins to stop themselves from doing something they should not do Expresses emotions of pride and embarrassment as well as a wide range of other feelings

Begins to modify own behaviour with support

Aware adult may approve / disapprove of their actions e.g. checks to see if adult is watching, or looks guilty if caught in the act

May display feelings of intense emotions through their actions e.g. voice or / and physical

Less easily distracted

Expresses a wide range of feelings in their interactions with others and through their behaviour and play

 $\label{eq:mayexplain} \textbf{May exhibit increased fearfulness of things like the dark or monsters etc. and possibly have nightmares}$ 

Talks and responds about how others might be feeling

Has a developing awareness that their actions and words can hurt others' feelings

Modifies behaviour, with support, to fit in with what others are doing e.g. waiting a short time for a turn

Has strong sense of own space and own possessions

Complies with familiar rules e.g. not climbing as they may fall

## Managing Self

Eats with a fork and a spoon, able to blow e.g. candles or when cooling food

Pours drink from jug with some spillage

Helps wash self, turns taps on and off and helps dry self after washing

Willing to have a go at brushing their own teeth however needs an adult to supervise / support

Toilet trained with infrequent accidents

Removes or pulls up trousers

Shows active sense of humour, does things to make others laugh

Very aware of others' reactions, likes to demonstrate ability

Searches out familiar adult for comfort

Shyness with strangers, especially adults

Likes to sit, cuddle and share events of the day with familiar adults

Is becoming aware of their unique abilities e.g. riding a scooter, dancing, singing / signing

Begins to use 'me', 'you' and 'I' in their talk and to show awareness of their social identity of gender, ethnicity and ability

Asks for toilet using voice, gesture or action, for example, leads adult to toilet and asks verbally or makes a sign

Usually able to control bowel with occasional accidents

Pulls down own pants when using the toilet, flushes toilet with support, waits to be wiped

Brushes own teeth and hair

Dresses and undresses, but needs help with fastenings

Helps with food preparation, beginning to use a knife for spreading

Beginning to have food preferences and expresses them

Separates from main carer with confidence

Is more outgoing towards strangers and more confident in new social situations

More willing to take risks and try new things

Able to express their needs and ask adults for help

Shows strong personal preference e.g. clothes

Is becoming more aware of the similarities and differences between themselves and others in more detailed ways and identifies themselves in relation to social groups and to their peers

Enjoys having a 'job' e.g. fetching the milk carton / fruit / washing up

#### **Building Relationships**

Enjoys company of other children and wants to play with them

Enjoys gaining attention of others and sustaining interaction

Defends own possessions

Shows some understanding that other people have perspectives, ideas and needs that are different to theirs e.g. may turn a book to face you so you can see it

Closely watches others' body language to begin to understand their intentions and meaning

Shows empathy and concern for people who are special to them by partially matching others' feelings with their own e.g. may offer a child a toy they know they like

Sometimes shares or takes turns with others with adult guidance to understand 'yours' and 'mine'

Notices and asks questions about differences, such as skin colour, types of hair

Seeks out companionship with adults and other children, sharing experiences and play ideas

Participates in some co-operative play

Joins in group activities

Shows initiative and autonomy in relating with others

Identifies self with children of same age and gender

Uses their experiences of adult behaviours to guide their social relationships and interactions

# 30-42 Literacy

# Comprehension

Identifies objects described by their function, e.g. 'what do we sit on?'

Supplies missing words in familiar rhyme if adult pauses

Understands more complex sentences

Communicates what happens next in a repetitive story verbally or using gesture

Shows understanding of basic prepositions 'in' and 'on' such as 'put dolly in the box' by carrying out action or selecting correct picture Indicates object from choice of two

Enjoys familiar stories

Listens to and joins in with rhymes and stories on a one-to-one basis

Begins to understand basic concepts e.g. position / size / colour / number by carrying out an action or selecting a correct picture Understand instructions with three information carrying words e.g. 'put the jumper under the table' (objects / pictures used should be familiar to children)

Shows understanding of prepositions e.g. 'under', 'on top', behind' by carrying out an action or selecting a correct picture Responds appropriately to more complex 'who', 'what' and 'where' questions using objects e.g. 'what do we put on our feet?' Recognises and offers a word when omitted from a familiar story

# **Word Reading**

Begins to understand that print has meaning

Notices some print e.g. first letter of their name, bus or door number

Pretends to read text

Shows interest in print in books and the environment

Joins in with repeated actions, words or phrases in familiar stories or rhymes

Use props alongside familiar story to retell using key words

Enjoys rhythmic and musical activity with percussion instruments, actions, rhymes and songs, clapping along with the beat and joining in with the words of familiar songs and nursery rhymes

Handles books and touch screen technology carefully and the correct way up with growing competence

Listens to and joins in with stories and poems individually and in small groups

Recognises own name with a picture

Shows awareness of the way simple stories are structured e.g. beginning, middle and end

Retells simple stories within play contexts using props, e.g. puppets, role play or small world Anticipates and joins in with key events and phrases in rhymes and stories

#### Writing

Holds mark making tools using a secure digital pronate grasp

Distinguishes between the different marks they make

Makes continuous lines and patterns

May imitate designs e.g. circle or cross or create their own irregular shapes

Usually holds writing implement in preferred hand

Engages in mark making as part of role play

Starts to imitate adults writing by making continuous lines of shapes and symbols (early writing)

Ascribes meaning to symbols, signs and words that they see, including those they make themselves

Beings to make letter-type shapes to represent the initial sound of their name and other familiar words

# 30-42 Mathematics

#### Number

Counts in everyday contexts, sometimes skipping numbers e.g. 1,2,3,5

Recites numbers to 5

Begins to notice numerals (number symbols)

Makes patterns with items e.g. arranging items into size, colour, shape

Is interested in what happens next using the pattern of everyday routines e.g. can tell you what happens next or is interested in what is happening next

Joins in and anticipates repeated sound and action patters

Points to each object in a group once as they are counted, coordinating the touch and oral count so that they happen at the same time (one to one correspondence)

Recites numbers beyond 5

Compares two small groups of up to five objects, saying when there are the same number of objects in each group

Uses some number names and number language within play and may show fascination with large numbers

Begins to count up to three objects

Shows 'finger numbers' up to 5

Says one number for each item in order: 1,2,3,4,5

Identifies numerals of personal significance, e.g. their age, house number

Uses mark making materials to represent their own ideas, explore and communicate mathematical thinking

Begins to notice familiar numerals e.g. house number, age

Recognises that two quantities are different or the same

## **Numerical Patterns**

Completes simple inter-locking jigsaws

Responds to some spatial and positional language

Explores how things look from different viewpoints including things that are near or far away

Begins to remember their way around familiar environments

Makes more complex constructions using a wider range of materials

Responds to some positional language through games or arranging toys / objects

Moves / rotates objects to match / create spaces

Talks about and identifies pattern in the environment using everyday language

# 30-42 Understanding the World

# Past and Present

Shows some awareness of their wider family

Begins to recognise differences such as 'You say Daddy and I say Abba'

Seeks out others to shares experiences and recent events e.g. within the last few days

Makes attachments to members of the group

Begins to make sense of their own life-story and family's history e.g. knowing Grandma is Mummy's Mum

### People, Culture and Communities

Displays curiosity about the world by looking at objects, events and people

Is starting to make friends and be interested in having friends

Names familiar people

Knows that they have similarities and differences to others

Begins join in with small group-based activities

Begins to share toys

Enjoys make believe and role play e.g. dressing up as different people

Notices and recognises when others are hurt or upset

Begins to develop positive attitudes about the differences between people

Begins to develop an awareness of features in their community e.g. library, mosque, park

## The Natural World

Talks / communicates about some things that they have observed in the environment e.g. 'it's raining', 'that's a big leaf'

Understands simple explanations and reasons given about why things happen and how things work

Begins to ask questions about home and familiar places and surrounding environments e.g. shop, park

Continually asks questions e.g. 'where does the bath water go?'

Begins to understand about handling the environment and pets / animals with care e.g. not picking the flowers, stroking the cat gently Plants seeds and cares for growing plants

Begins to understand the need to respect and care for the natural environment and all living things

# 30-42 Expressive Arts and Design

# **Creating with Materials**

Enjoys playing with colour in a variety of ways e.g. mixing colours

Uses their imagination as they consider what they can do with different materials

Makes simple models which express their ideas

Expresses ideas and feelings through making marks, and explores the effects of using different types of paint, glue, pens, pencils, crayons, paper etc.

Begins to give a meaning to the marks they make

Explores a variety of colours

Explores and uses a variety of materials e.g. clay, dough, card, feathers

Develops their own ideas and chooses materials to use to express them

Uses various construction materials e.g. joining pieces, stacking vertically / horizontally, balancing etc.

Draws spontaneous and unrecognisable forms

Creates closed shapes with continuous lines and begins to use these shapes to represent objects

# Being Imaginative and Expressive

Shows an interest in the way sounds are made e.g. fast, loud, quiet

Move and dance to music

Invents own music using any equipment

Uses actions to indicate the role they are adopting e.g. mother

Uses routines from everyday life in their play e.g. making dinner

Uses a range of voices in the imaginative play

Enjoys dressing up as characters of interest to the child and people who help us e.g. being a post delivery person, fire-fighter, princess, superhero

Joins in with simple routines of action songs e.g. 'Hokey Cokey'

Sings to self

Knows and joins in with some songs

Makes up simple songs

Moves in a range of different ways e.g. mirroring and creating their own movement patterns

Taps out simple repeated rhythms

Joins in with all actions to simple nursery rhymes

Responds to the tempo of a piece of music e.g. run when fast tempo, slow walking/swaying when slow tempo

Listens with increased attention to sounds

Attempts to initiate tunes

Makes sounds / movements / drawings to accompany stories

Extends scenes from everyday life with other children being assigned a role e.g. Mum, Dad, dog, baby

Notices what other children and adults do, copying, adding variations, then doing it spontaneously

Engages in imaginative play based on their own ideas and experiences

# **42-54** months

# **Communication and Language**

#### Listening, Attention and Understanding

Follows general directions, if not intently focused e.g. instructions given as a large group

Consistently responds to three key word instructions e.g. when given the choice of teddy or dolly / size / choice of apple / cake, responds by giving the apple to little dolly

Consistently follows instructions containing concepts of size (big / little), position (in / on / under / behind / on top), number and colour Begins to understand and respond to 'why' and 'how' questions e.g. 'how can we clean up the juice?' 'Why do you want to wear your coat outdoors today?

Returns to a task after interruption e.g. toilet break

Perseveres for extended periods of time at an activity of their choosing

Understands all pronouns: 'they', 'he', 'she', 'him' and 'her'

Listens to familiar stories with increasing attention and recall, verbally and / or using visual prompts e.g. sequencing pictures

Predicts what might happen next after listening to part of a familiar story e.g. 'We're Going on a Bear Hunt', providing a verbal response, action and / or selecting a sequencing picture

Sings a large repertoire of songs

Knows many rhymes

Talks about familiar books

Tells a long story

Follows a short story without pictures or props

Carries out two unrelated directions e.g. 'put your lunchbox away and get your coat on'

Recalls what is missing from selection of items when one is removed e.g. Kim's Game

Shows variability in listening behaviour; may move around and fiddle but still be listening or sit still but not absorbed by activity e.g. whilst listening to a story, the child fiddles with their zip

Enjoys listening to stories, however, can only focus on one thing at a time

## **Speaking**

Uses sentences of 4-6 words

Uses possessives, for example 'the boy's teddy'

Questions why things happen and gives explanations e.g. 'who?', 'what?', 'when?', 'how?', 'why?'

Provides appropriate answers in response to 'where?', 'who?' and 'what?' questions e.g. 'Where is the sponge?' - 'under the sink'

Uses 'and', 'because', 'so' to link simple phrases

Begins to use a range of tenses e.g. (play, played, playing) at times, making errors e.g. 'I runned outside'

Uses language they hear around them in their community and culture

Uses talk to explain what is happening and anticipate what might happen next

Talks about things that are of particular importance to them

Builds vocabulary reflecting the breadth of their experiences e.g. the topic of dinosaurs

Speech is understood by unfamiliar adults, with some errors e.g. 'r', 'l', 'th', 'sh', 'j'

Retells a simple story recalling events and characters

Uses future tense e.g. 'will play'

Names time of day associated with activities

Begins to introduce a storyline / narrative into their role play / small world play

Watches / waits for listener confirmation before continuing (nod / smile)

# 42-54 Physical Development

## **Gross Motor Skills**

Stands on one foot for a few seconds independently

Rides a two-wheel bike with stabilisers or lifts both feet off the floor on a balance bike

Hops up and down with adult support

Jumps from apparatus landing appropriately

Runs skilfully, adjusting speed and direction to avoid obstacles

'Bounce passes' a large ball and receives a bounce pass

Avoids obstacles and changes direction when riding a bike / tricycle

Throws a small ball up and down, catching it as it falls

Travels with confidence and skill around, under, over and through gymnastic equipment

Jumps over a low hurdle e.g. up to 10cm high

Bends knees to touch toes

Climbs up a slide and comes down independently

#### **Fine Motor Skills**

Pours, sieves and digs with control

Builds towers using several small connecting bricks

Shows control in holding and using books, hammers and mark making tools

Makes consecutive cuts in self held paper

Screws and unscrews jar lids, nuts and bolts

Uses wind-up toys

Cuts simple shapes and manipulates a conventional pair of scissors

Manipulates puzzle pieces to complete a simple jigsaw

# 42-54 Personal, Social and Emotional Development (PSED)

# Self-Regulation

Takes turns more readily with reminders

Does not always need an adult to remind them of a rule

Asks permission to use a toy a peer is playing with

Some understanding of sharing e.g. toys, snacks

A developing ability to regulate their emotions, thoughts and behaviour to enable them to achieve a goal

Understands their own and other people's feelings of happiness / sadness, offering empathy and / or comfort

Attempts to repair a relationship or situation where they have caused upset

Understands how their actions impact other people

Is more able to manage their feelings when their wishes cannot be met

Negotiates solutions to conflicts in their play

Strongly self-willed

Easily upset by failure

Understands the need to argue with words rather than actions

Expresses their needs, a wider range of feelings and behaviour in appropriate ways

#### **Managing Self**

Understands need for variety in food, eats a healthy range of foods

Knows when to wash hands and face

Carries scissors carefully

Developing sense of basic road safety

May argue to achieve own wishes

Is confident in seeking comfort, reassurance and help from special people

Is sensitive to others' messages of appreciation or criticism

Develop ideas about themselves according to the messages they hear from others

Recognises that they are part of a group e.g. badger class

Uses personal hygiene materials competently

Reliably dry and clean during the day

Understands not to touch hot surfaces

Developing awareness of the importance of daily exercise

Expresses wishes and needs clearly, can wait, modify, and defer

Enjoys receiving praise for achievements

Approaches new challenges with confidence

Recognises that they belong to different communities and social groups and communicates freely about own home and community

Has a clear idea about what they want to do in their play and how they want to go about it

Shows confidence in choosing resources

Displays perseverance in carrying out a chosen activity

## **Building Relationships**

Understands that own actions affect other people e.g. may comfort a child they have upset

Shows increasing consideration of other people's needs and gradually more impulse control in favourable conditions e.g. giving up a toy to another who wants it

Initiates play by giving peer a role, e.g. 'you be the Mummy'

Begins to select friends and exclude others

Articulates their wants and needs

Looks to a supportive adult for help in resolving conflict with peers

Independently plays in small and large groups

Enjoys doing things with other children and adults

More confident in new social situations

Develops particular friendships with other children

Starts to recognise their friends may have different ideas

Returns to the secure base of a familiar adult to recharge and gain emotional support and practical help in difficult situations

# 42-54 Literacy

# Comprehension

Listens to stories with increasing attention and recall

Suggests how a story might end

Retells a simple past event from their lived experience in the correct order e.g. went down slide, hurt finger

Begins to understand and use pronouns in context: 'they', 'he', 'she', 'him', 'her'

Aware of roles of people who help us e.g. doctor

Beginning to understand 'how' and 'why' questions

Understands abstract concepts e.g. sound / texture / weight / quantity / length

Listens attentively to a story in a medium sized group

Repeats a simple story using pictures / objects as prompts

# **Word Reading**

Tells own stories

Knows that print carries meaning, and, in English is read from left to right, top to bottom, front to back

Talks about story events and characters, and suggest what might happen next

Looks at and enjoys print and digital books independently

Begins to navigate apps and websites

Recognises own name in familiar contexts e.g. coat peg at preschool

Shows awareness of rhyme and alliteration

Recognises rhythm in spoken words, songs, poems and rhymes

Clap or taps the syllables in words during sound play

Begins to hear the initial sounds in words

Enjoys an increasing range of print and digital books, both fiction and non-fiction

Re-enacts and reinvents stories they have heard in their play

Recognises familiar words e.g. Tesco and sibling names

Points to separate words on a page as adult reads

Names the different parts of a book, e.g. front cover, page

Hears and says the initial sounds in words

Recognises own name in a variety of situations

Begins to segment the sounds in simple words and blend them together

#### Writing

Begins to hold mark making tools with three finger grasp where the thumb, index finger and middle finger work as one unit (static tripod grasp)

Attempts to write their own name, or other names and words, using combinations of lines, circles and curves, or letter-type shapes

Understands that writing is a form of communication

Shows an interest in letters on a keyboard

Uses static tripod grasp with increasing control

Uses tools including mark making implements with clear hand preference

Gives meaning to marks they make as they draw, write, paint or use a keyboard

Creates texts to communicate meaning for a range of purposes  $% \left\{ 1,2,\ldots ,n\right\}$ 

Begins to segment and blend

Writes some recognisable letters

Makes a recognisable attempt at own name

Attempts to write familiar words

# 42-54 Mathematics

# Number

Keeps track of items that have been counted and those that have not been, so none are missed or double counted (one to one correspondence)

Recites counting words in order to 10

Fast recognition of up to three objects, without having to count them individually

Reliably counts up to five objects

Shows an awareness of zero in number rhymes

Begins to recognise numerals to 5

Experiments with their own symbols, marks and numerals to which they ascribe mathematical meaning

Compares quantities using language e.g. 'more than', 'fewer than'

Begins to describe a sequence of events (real or fictional) using words such as 'first' and 'then'

Links numerals with amounts up to 5

Solves real world mathematical problems with numbers up to five in play and meaningful activities

Beginning to recognise that each counting number is one more than the one before

Through play and exploration, beginning to learn that numbers are made up of smaller numbers

Separates a group of three or four objects in different ways, beginning to recognise that the total is still the same

Shows 'finger numbers' up to 10

Counts out up to ten objects from a larger group

Recognises numerals to 10

Shows the right number of objects to match the numerals up to 5

#### **Numerical Patterns**

Chooses items based on shape which are appropriate for their purpose

Talks about 2D and 3D shapes using every day and mathematical language

Compares objects by size / length / weight / capacity

Partitions and combines shapes to make new shapes with 2D and 3D shapes

Attempts to create arches and enclosures when building, using trial and improvement to select blocks

Creates and extends ABAB patterns e.g. stick/ leaf/ stick/ leaf

Recalls a sequence of events in everyday life and stories

Describes a familiar route

Follows and gives directions using positional language

Makes simple maps of familiar and imaginative environments

Uses both informal language and common shape names

Understands position through words alone e.g. 'the bag is under the table'

Makes more intricate and detailed models

Identifies patterns in the environment

Shows awareness of shape similarities and differences between objects

Orders and sequences events using everyday language related to time

# 42-54 Understanding the World

# Past and Present

Enjoys participating in family and group celebrations e.g. birthdays / religious celebrations

Follows rules in an adult led game

Shows an interest in different occupations, often through role-play

Explores how things work, for example any technological objects

Actively seeks sharing and sense of fairness e.g. 'he won't give it to me!'

Makes connections between experiences of themselves and peers and talks about this e.g. parent occupations, show and tell

Knows some similarities and differences between things in the past and now

# People, Culture and Communities

Remembers and talks about significant personal events e.g. Christmas / Diwali

Shows sensitivity to others e.g. helping a child who has fallen over

Recognises and describes special events for family or friends

Plays with other children, or alongside them, for longer periods with minimal adult interaction

Continues to develop positive attitudes about the differences between people

Knows there are different countries in the world and will talk about these differences, making reference to experiences, photos or stories

Knows some of the things that make them unique

Talks about members of their immediate family

Names and describes people they know

Forms a special friendship with another child

Knows that others do not always enjoy the same thing, and is sensitive to this

Expresses feelings about personal events

Understands that some places are special to members of their community

Recognises that people have different beliefs and celebrate special times in different ways

# The Natural World

Shows interest in the natural world e.g. likes to collect leaves, stones, shells

Understands the features of different environments e.g. knows trees grow in a forest, that there will be sea and sand at the seaside

Understands the key features of the life cycle of a plant and an animal

Talks about the differences between materials and changes they notice e.g. water and ice

Develops an understanding of growth, decay and change over time

Shows care and concern for living things and the environment

Describes what they see, hear and feel whilst outside

Notices, comments and ask questions through their preferred method of communication, about changes in their familiar world e.g. falling leaves in autumn at the park, banana turning black

Compares things that they see to their own experiences e.g. half-moon looks like a satsuma segment; circle looks like a wheel Looks closely at similarities, differences patterns and change in nature

# 42-54 Expressive Arts and Design

# **Creating with Materials**

Joins different materials and explores different textures

Creates pictures using a variety of media

Explores how colours can be changed

Shows different emotions in their drawings and paintings, like happiness, sadness, fear etc

Begins to draw simple objects using common shapes e.g. a square for a house

Begins to draw pictures that include several items

Uses fingers and tools to create forms that represent ideas

Mixes their own colours

Chooses appropriate equipment for task e.g. thin brush for thin line

Investigates natural materials e.g. transient art, bark rubbing

Draws with increasing complexity and detail, such as representing a face with a circle and including details

Produces complex pictures using variety of media

Uses drawing to represent ideas like movement or loud noises

# Being Imaginative and Expressive

Sings familiar songs

Creates their own songs or improvises a song around one they know

Play and share a wide variety of music and songs

Develops voice control, sings the pitch of a tone sung by another person (pitch match)

Explores how sounds and movements can be changed

Experiments with different body movements in response to music

Marches in time to music and / or claps to beat in song

Switches from one movement to another during dance

Plays simple instruments and responds to suggested beat

Plays alongside other children who are engaged in the same theme

May engage in small world play which may be set in an imagined landscape e.g. chair arm may be a cliff

Makes imaginative and complex 'small worlds' with blocks and construction kits, such as a city with different buildings and a park

Uses available resources to create props to support play

Remembers and sings entire songs, naming familiar tunes

Performs simple dance-like steps e.g. pretends to be a ballerina

Makes music in a range of ways based on their experiences

Listens attentively, moves to and talks about music, expressing their feelings and responses

Plays instruments with increasing control

Combines toys into own imaginative settings

Tells stories combining fact and fiction

Develops storyline or narrative into their play

Uses one object to represent another, that are not necessarily similar

Takes part in simple pretend play e.g. role play with a friend (shop and customer)

Enjoys stories based on self and places they know well

# 54 months – 60 months Communication and Language

### Listening, Attention and Understanding

Understands a range of complex sentence structures including negatives, plurals and tense markers (past / present tense)

Beginning to understand humour, e.g. nonsense rhymes, jokes

Listens and responds to ideas expressed by others in conversation or discussion

Links significant events from own experience and from stories, paying attention to sequence and how events lead one to another

Predicts what might happen next after listening to part of an unfamiliar story

Listens to longer stories with adult on a one-to-one basis

Listens attentively to stories / songs / rhymes in a class group

## Speaking

Gives a connected account of events or experiences, using language of 'first', 'next' and 'then'

Tells longer stories, sometimes mixing fact and fiction

Uses language to imagine and recreate roles and experiences in play situations

Uses talk to work out problems by organising, sequencing and clarifying their thinking, ideas, feelings and events

Extends vocabulary, especially by grouping and naming, exploring the meaning and sounds of new words

# 54-60 Physical Development

#### **Gross Motor Skills**

Attempts to jump using a skipping rope

Bends over and touches toes with straight legs

Copies a sequence of gross motor movements after demonstration, e.g. hop, jump, skip

Masters throwing and catching a variety of different sized balls

Performs dances using simple movement patterns

Takes part in simple team games, developing simple tactics for defending and attacking

Rides a two-wheeled bike independently

# Fine Motor Skills

Handles tools, objects, construction and malleable materials safely with increasing control and intention

Manages all fastenings on clothes with minimal help

Skilfully operates appropriate electronic devices with ease and control

Makes simple stitches using a large needle

Effectively uses a range of tools with consistent control e.g. uses scissors to cut along a line

# 54-60 Personal, Social and Emotional Development (PSED)

# Self-Regulation

Seeks support, 'emotional refuelling' and practical help in new or challenging situations

Is aware of behavioural expectations and sensitive to ideas of justice and fairness within a range of environments

Understands what is considered right and wrong and can explain why

Seeks ways to manage conflict, for example through holding back, sharing, negotiation and compromise

Has awareness of the boundaries set and behavioural expectations within a range of environments

Engages in socially acceptable behaviour in public, able to manage thoughts, feelings and behaviour

# **Managing Self**

Understands need for hygiene in food preparation, serving and eating

Begins to take responsibility for self-care in washing and teeth cleaning

Knows the routine of wiping self and hand washing and usually carries this out

Shows confidence in speaking to others about their own needs, wants, interests and opinions in familiar group

Displays resilience when faced with challenges e.g. learning a new skill

Able to negotiate and accept others' perspectives

Describes self in positive terms and talks about abilities

Shows confidence and ability to stand up for themselves

## **Building Relationships**

Enjoys playing alone, alongside and with others, inviting others to play and attempting to join others' play

Takes turns, shares resources and equipment with peers

Aware that there are different ways in which to behave dependent on the situation and company they are in

Represents and recreates what they have learnt about social interactions from their relationships with close adults, in their play and relationships with others

More able to understand other people's needs, wants and behaviours

Takes steps to resolve conflicts with other children by negotiating and finding a compromise; sometimes by themselves, sometimes with support

Proactively seeks adult support

# 54-60 Literacy

#### Comprehension

Demonstrates understanding of 'how' and 'why' questions by giving explanations

Links significant events from own experience and from stories, paying attention to sequence and how events lead one to another

Makes up stories

Sequences 3-5 elements of a story with help

Predicts what might happen next after listening to part of a story

Engages in extended conversations about stories

### **Word Reading**

Begins to read some high frequency words

Reads simple sentences using phonic knowledge

Re-read familiar books to build up confidence and fluency

Interprets text, using phonics, subject knowledge and illustrations

Consistently recognises full name

Talks about book language e.g. title, author, contents

Continues a rhyming string and identifies alliteration

Hears and says the sounds in words e.g. initial, middle and end

Segments the sounds in simple words and blends them together, knowing which letters represent some of them

Starts to link sounds to letters, naming and sounding the letters of the alphabet

Begins to link sounds to some frequently used digraphs e.g. sh, th, ee

#### Writing

Uses an effective dynamic tripod grasp to hold a pencil in a stable position

Starts to develop phonic knowledge by linking sounds to letters; names and sounds some letters

Forms recognisable (lower and upper case) letters, most of which are correctly formed

Writes some familiar words

Consistently writes own name in a range of contexts

Uses developing phonic knowledge to write things such as labels and captions

Uses writing as a means of recording and communication for different purposes

# 54-60 Mathematics

### Number

Counts things that cannot be touched e.g. actions, sounds and imaginary objects

Understands that the total number in a set of objects will be the same when objects are counted in another order

Verbally recites numbers 0 to 10 and 10 to 0 with accuracy and confidence

Increasingly confident in putting numerals in order 0 to 10

Matches numerals with a group of items to show how many there are (up to 10)

Estimates numbers of things e.g. how many cows are in the field?

Partitions and combines groups of up to ten objects in different ways

Begins to explore and work out mathematical problems

Understands the 'one more / one less' relationship between consecutive numbers

Subitises up to five objects (without counting)

Automatically recalls number bonds to 10

Counts verbally beyond 20

Knows the language 'less', 'more', 'how many', 'total' when comparing numbers and objects

Explores patterns within numbers up to 10 including evens and odds, and doubles and halves

# Numerical Patterns

Selects, rotates and manipulates shapes in order to develop spatial reasoning skills

Discusses route and locations using words like 'in front of' and 'behind'

Copies, continues and creates repeating patterns of increasing complexity e.g. AB, ABB, ABBC etc

Notices and corrects an error in a repeating pattern

Compares and orders objects by length / weight / capacity

Solves practical problems in play-based contexts involving length / weight / capacity

Becomes familiar with measuring tools in everyday experience and play

Begins to experience measuring time with timers and calendars

# 54-60 Understanding the World

## Past and Present

Comments on images of familiar situations in the past, for example in books

Compares and contrasts characters from stories, including figures from the past

Talks about the lives of people around them and their roles in society

Understands the past through settings, characters and events in books

# People, Culture and Communities

Co-operates as part of a group, sharing fairly

Understands there are different religious celebrations, some of which they take part in e.g. Christmas / Diwali / Eid / Hanukkah

Shows an awareness that some events are celebrated differently e.g. weddings or births

Recognises some similarities and differences between life in this country and life in other countries

Shows interest in maps or a globe

# The Natural World

Explores the natural world around them

Describes indoor and outdoor environments

Uses appropriate term to describe features of objects in outdoor environment e.g. tall trees

Comments on apparent anomalies e.g. 'It's sunny but it's cold!'

Recognises some environments that are different to the one in which they live

Understands the effect of changing seasons on the natural world around them

# 54-60 Expressive Arts and Design

#### Creating with Materials

Expresses and communicates ideas using a wide range of media and forms

Mixes own colours and knows adding white lightens colour and black darkens it

Explores, uses and refines a variety of artistic effects to express their ideas and feelings

Returns to and builds on previous learning, refining ideas and developing their ability to represent them

Create collaboratively, sharing ideas, resources and skills

# Being Imaginative and Expressive

Delights in singing rhymes and jingles

Puts own words to songs

Sings in a group or on their own, increasingly matching the pitch and following the melody

Begins to build a collection of songs and dances

Uses movements to interpret music e.g. will respond to a sad song

Watches and talks about dance and performance art, expressing their feelings and responses

Explores and engages in music making and dance, performing solo or in groups

Revisits imaginative play themes with increasing complexity

Engages in imaginative and role play based on their own experiences

Uses a range of voices in the imaginative play

Plays co-operatively as part of a group to create, develop and act out a narrative

Chooses particular movements / instruments / sounds / colours / materials for their own purposes