

**AUTUMN  
MENU 2023**



**MONDAY**



**TUESDAY**



**WEDNESDAY**



**THURSDAY**



**FRIDAY**

**Breakfast**

Cereals, Porridge  
Toast - Jam

Cereals, Porridge  
Toast - Jam

Croissants

Cereals, Porridge  
Toast - Jam

Cereals, Porridge  
Toast - Jam

**Mid Morning  
Snack & Milk**

Apple Slices

Banana

Orange Segments

Pear

Melon

**Homemade  
Lunch**

Chicken Pasta Bake  
Garlic Bread  
Broccoli

Fish Fingers  
Mashed Potato  
Garden Peas

Chilli Con Carne  
Brown Rice  
Seasonal Fresh Veg

Roast Chicken  
Traditional Veg

Lamb Hot Pot  
Potato Slices  
Seasonal Veg

**Vegetarian  
Option**

Veggie Pasta

Fishless Fingers

Mixed Bean Chilli

Veg Fillet

Vegetable Hot Pot

**Dessert**

Fresh Fruit Salad

Strawberry Mousse

Apple Crumble  
& Custard

Jelly & Cream

Fruit & Yoghurt

**Mid Afternoon  
Snack**

Children's Choice

Children's Choice

Children's Choice

Children's Choice

Children's Choice

**Homemade  
High Tea**

Jacket Potato  
With mixed fillings

Mixed Wraps  
Veg Sticks & Dip

Pitta Pockets  
Children's Choice

Mascarpone  
Pasta Bake

Pizza  
Veggie Batons

**Dessert**

Crispie Cake

Fruit Cookie

Cupcake

Fresh Fruit Salad

Shortbread Slice

