

## Crocodile daily routine

**7.30am – 9am :- Breakfast & free play**

**9am – 11.30am Morning :-**

**Free play, Creative, Sensory, Rolling snack, Stories / singing, Outside freeflow, outdoor play**

**11.15am – 11.45am :- Group time/Yoga/Mindfulness**

**11.45am – 12.30pm :- Lunch**

**12.30pm – 3.30pm Afternoon :-**

**Sleep, Free play, Creative, Sensory, Rolling snack, Stories / singing, Outside freeflow, outdoor play**

**3.30pm – 3.45pm :- Yoga / Mindfulness, singing/story**

**3.45pm – 6pm :- Tea & free play until home time**

## Nappy changes

**9am**

**11am**

**12:30- sleep check**

**3pm**

**Going home check**

**Tuesdays – Music Time**

**2.45pm- 3.15pm**

**Wednesdays-P.E**

**Thursdays- Field forest**

